

# Risk Mitigation in Breast Predictive Factor Testing

Elizabeth H Hammond MD

# Risk Definition

Risk is the opportunity for error, and risk of an inaccurate test result for the patient.

*Goal is the right test on the right patient with the right result delivered at the right time.*

# Pathologist Responsibility

- Scope of risks in the laboratory is broad and complex
- Pathologists are responsible as directors for the quality of all testing in the laboratory
- Pathologists are responsible for risk mitigation even if they do not perform every step of the process
- Pathologist must lead the investigation of risks and mitigate them using appropriate tools and processes

# Biomarker Testing Risks

- Preanalytic
  - Specimen misidentification
  - Cold ischemic time too long
  - Type of fixative (non-NBF)
  - Length of fixation too short/too long
  - Delay in grossing of fixed specimen
  - Failure to consider specimen exclusion and inclusion criteria

# Biomarker Testing Risks

- Analytic
  - Specimen misidentification
  - Failure to properly validate or verify the assay
  - Failure to consider assay exclusion criteria
  - Improper antigen retrieval or antibody dilution
  - Improper use of internal or external controls
  - Improper detection system
  - Lack of ongoing monitoring

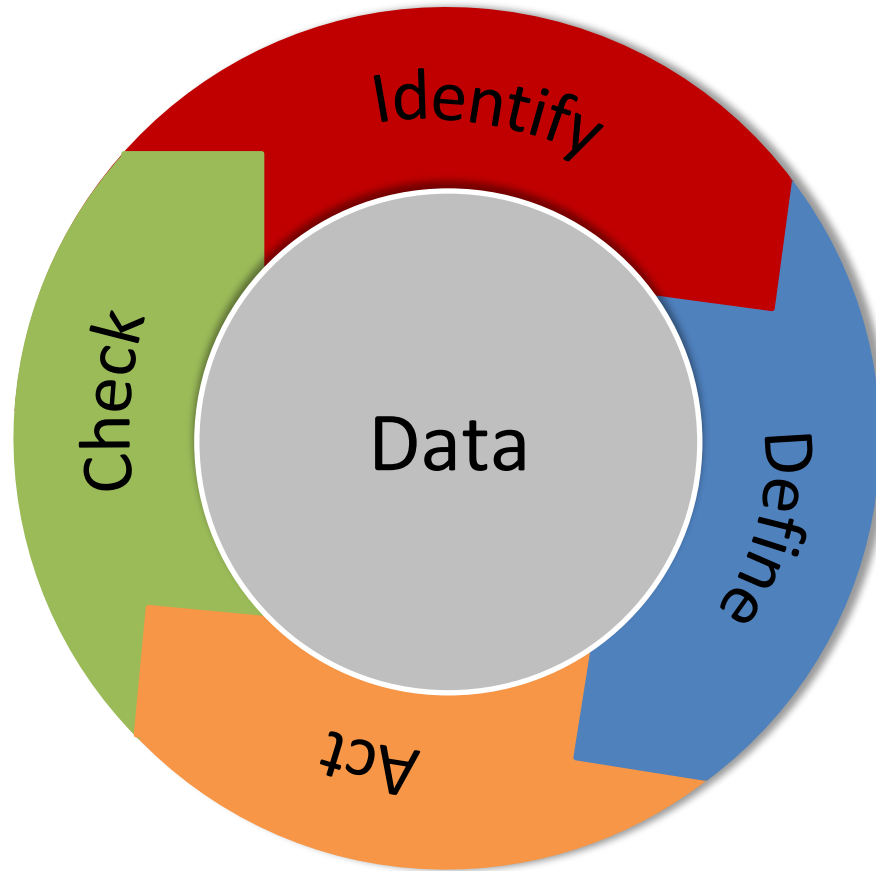
# Biomarker Testing Risks

- Post analytic
  - Specimen misidentification
  - Improper threshold for assay interpretation
  - Variation in diagnostic criteria among pathologists
  - Confusion in reporting requirements
  - Reports missing critical information
  - Failure to investigate suspicious test results

# Biomarker Testing Risks

- System Factors
  - Limited QA resources
  - Limited staff
  - Lack of standard SOPs
  - Lack of training and/or accountability for staff
  - Remote locations
- Human Factors

# Risk Mitigation Process





# Risk Mitigation Data

- Data is the best way to identify and define a problem specifically and convincingly
- Data will point the way to the most likely cause
- Data evaluated over time is valuable
  - Is the problem at one point in time or a persistent threat?
- Data will show you if the problem was solved by your intervention

# Risk Mitigation Data

- Sources of BPFT Data
  - Pathology reports
  - Reports generated from pathology reports
  - Test results across populations
  - Data in the laboratory/QA monitors

# Risk Mitigation Data

- Where/how do you get the data?
  - Data needs to be generated/created from existing sources.
  - Start by figuring out what you need to know and where that information is located.
  - Sometimes information you need is not available because it's not being recorded. Information needs to be recorded first.

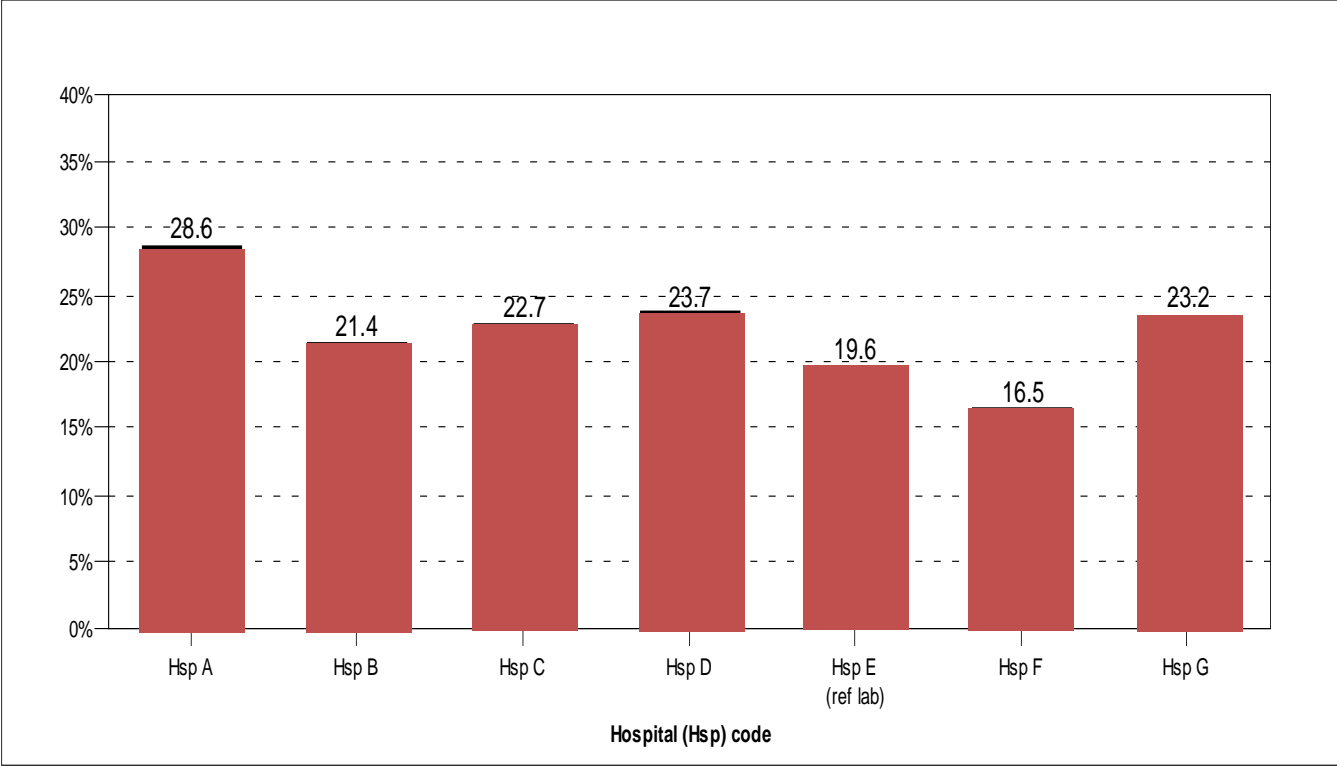
# Example

- Surgeon presents case of metastatic carcinoma in the liver in 58 year-old woman with IDC 2 years before called ER negative
- Repeat ER on liver is ER positive
- Patient was never treated with Tam or AI
- Repeat on original resection still negative, but so are intrinsic controls
- Why?
- How can this be avoided in the future?

# Data Example

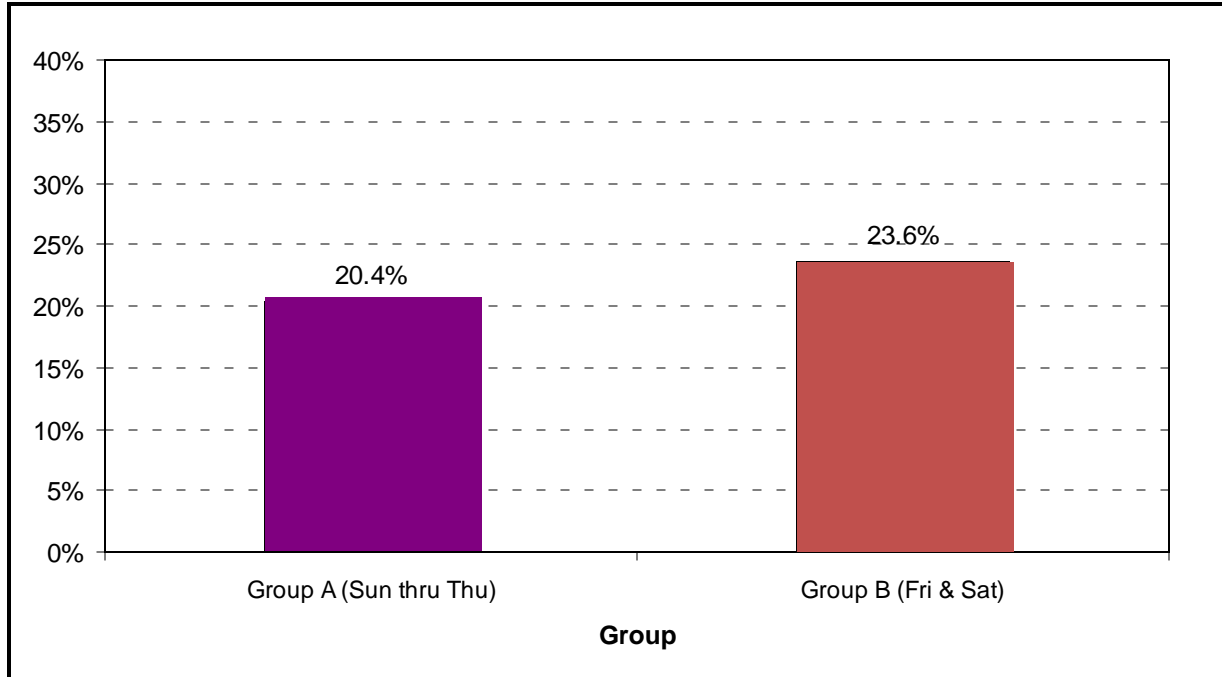
- How common is the risk mitigation issue?
  - We conducted retrospective study of all ER negative cases by day of week and processing site.
  - All ER testing done in one place by one staff.
  - Only variation was specimen handling.
- What are potential causes?
- What should be done to mitigate the issue?

# ER Negative Rate by Hospital of Origin



Mean value=20.9% Age adjusted MH p value=0.05

# ER Neg Rate by Day of Surgery



**Group A: Surgery Sunday thru Thursday, any hospital**

**Group B: Surgery Friday thru Saturday, any hospital**

**Age adjusted MH test p value= 0.038**

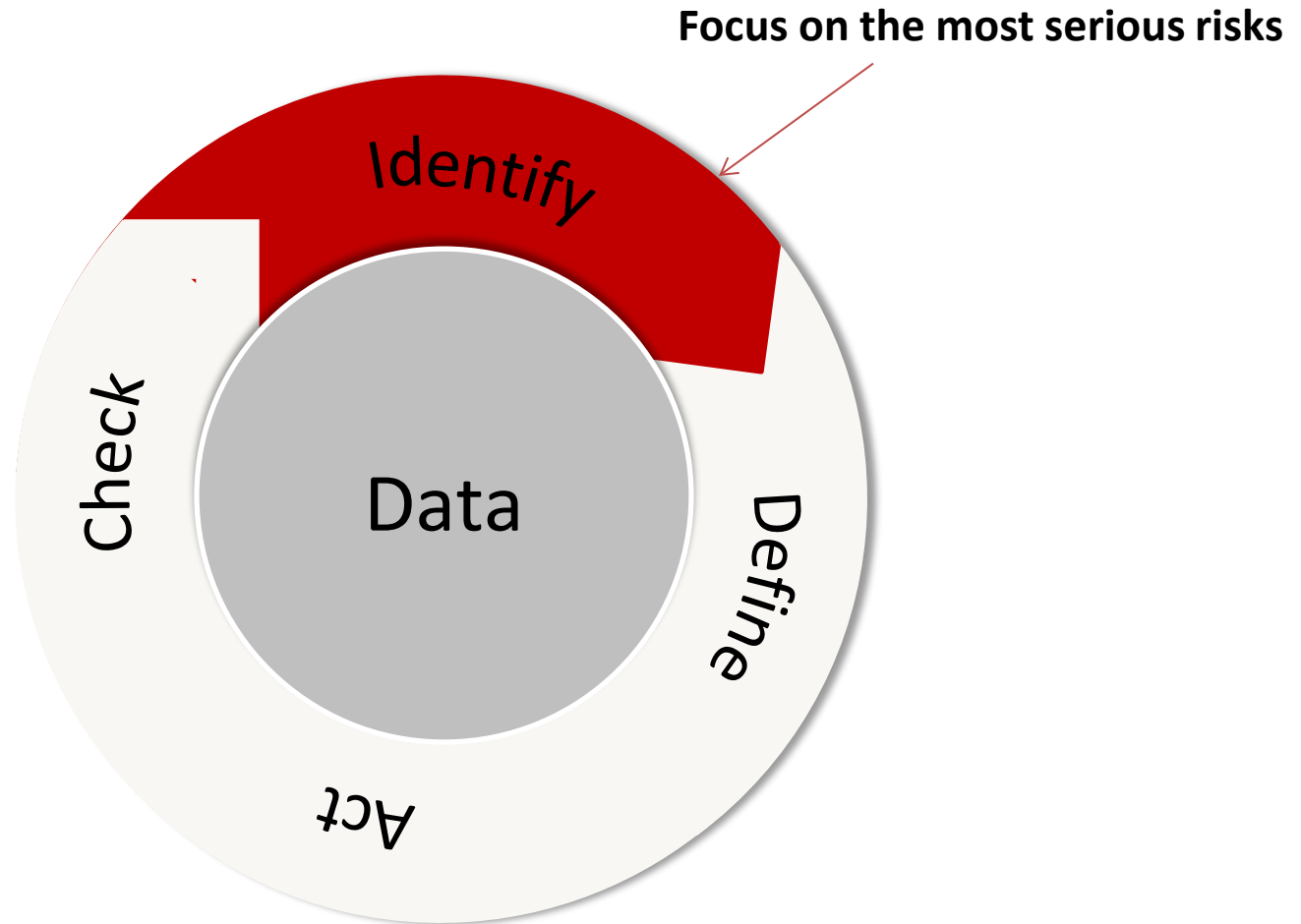
*Nkoy et al, SABC, 2005 and Archives, 2010*

# Conclusion

- The study led them to realize that what really happened in each place or on each day could not be defined because there was no data.
- Conducted prospective study to define the potential causes by asking sites to record:
  - Time of tumor removal
  - Time of tumor to grossing station
  - Length of Time in fixative
  - Fixation duration
- 2 of 5 sites were willing to conduct the study



# Risk Mitigation Process



# Risk Process: Identify

- In our example, a risk was identified via the patient with a metastatic carcinoma in her liver that was ER positive.
- **Preferred methods** for identifying risks include:
  - Monitoring your lab's test results and data using established benchmarks.
  - Evaluating your lab's SOPs against external standards such as ASCO-CAP Guidelines and inspection checklists.
  - Monitoring test results by pathologist.

# Risk Process: Identify

| Steps  | Tools & Resources  |
|--|--|
| 1. Analyze current data and trends                     | <ul style="list-style-type: none"><li>• Trend analysis</li><li>• PT data</li></ul>   |
| 2. Evaluate current processes                          | <ul style="list-style-type: none"><li>• Flow-charting</li><li>• Inspection reports</li><li>• Checklists (LAP)</li><li>• Guidelines</li></ul> |
| 3. Locate gaps between current state and desired state | <ul style="list-style-type: none"><li>• Established Benchmarks</li><li>• Checklists (LAP)</li><li>• PT data</li><li>• Guidelines</li></ul>   |

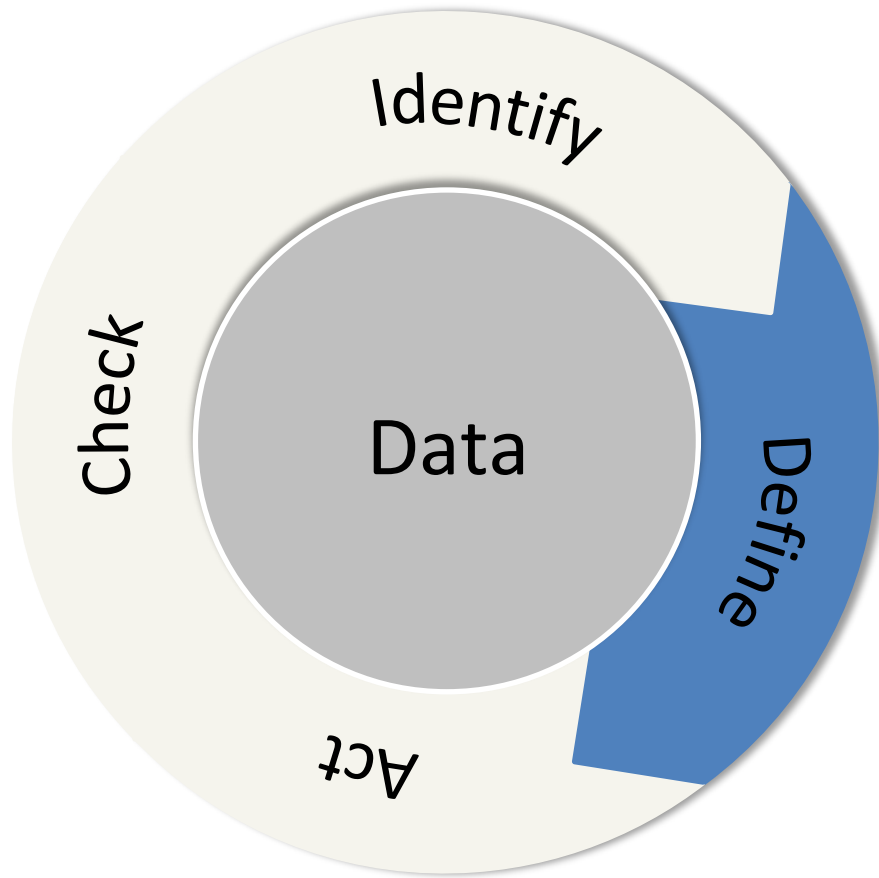
# Risk Process: Identify Using ER/ PgR Benchmarks

- Overall Benchmark ER negative rate <30%
  - Age 65+ benchmark: ER negative rate <20%
  - Low-grade carcinoma benchmark: ER positive rate >95%
- Concordance with PR benchmark: PR rate typically 10-15% lower than ER.
- Follow PgR positive, ER negative results. Should be 1-3%.

# Risk Process: Identify Using HER2 Benchmark

- Overall Benchmark HER2 positive rate: 12-18%
  - If  $\geq 20\%$  positive: correlate with histologic type, demographic factors, ER/PR status
  - If less than 10% positive: correlate with histologic type, demographic factors, ER/PR status
- No good benchmark for HER2 equivocal results
- Concordance with FISH benchmark:  $\geq 95\%$  for positive and negative results

# Risk Mitigation Process



# Define Risks

- In the example, the risk of false ER negative results was further defined by analyzing past data of all ER negative cases by day of week and processing site.
- Important data points included:
  - Facility
  - ER result
  - Patient Population (analyze for stage and grade of the disease and age of the patient)
  - Grossing protocols (different at each location)
  - Day tissue was removed from patient

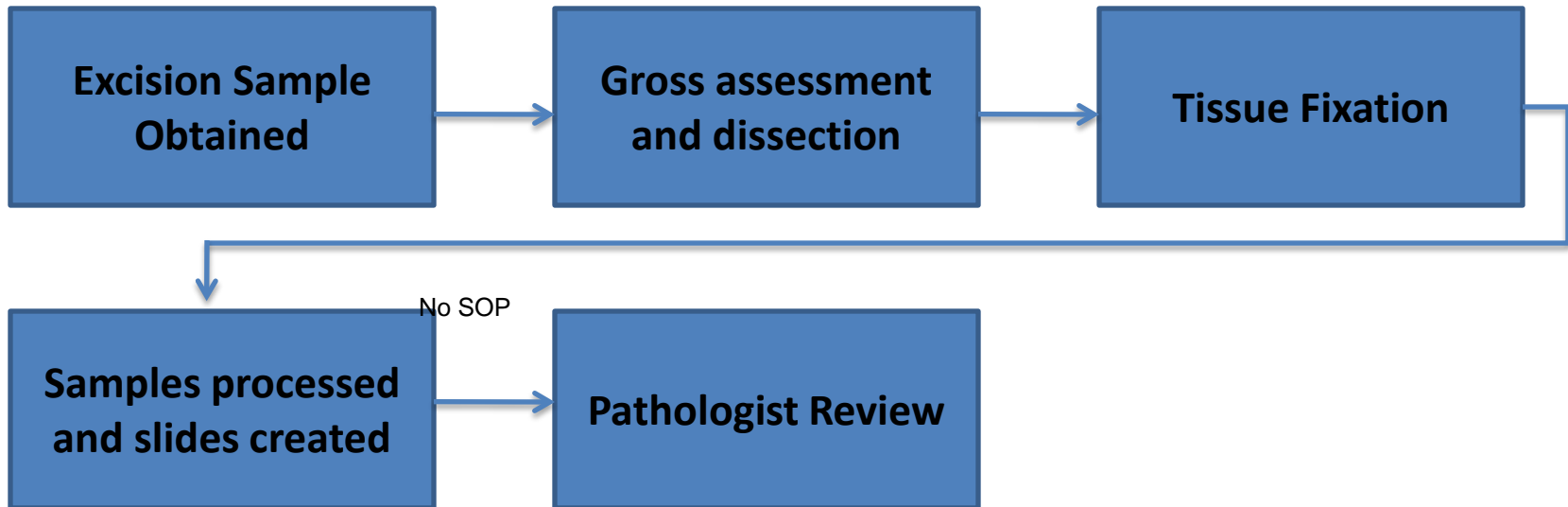
Note: Time to fixation and length of fixation data was not available but are important considerations

# Risk Mitigation Process: Define

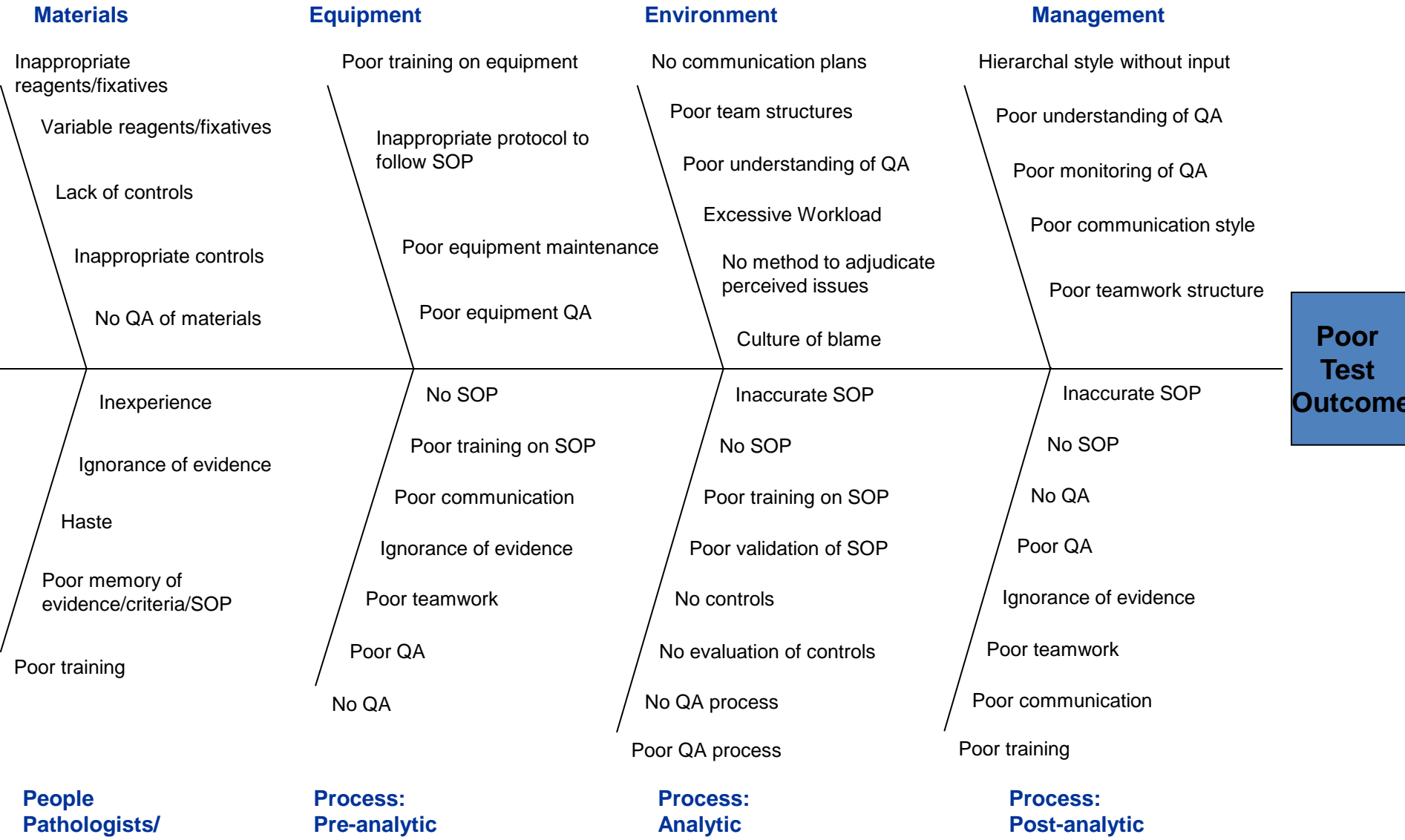
| Steps   | Tools & Resources  |
|---|--|
| 1. Brainstorm potential causes of identified risks      | <ul style="list-style-type: none"><li>• Affinity diagram</li><li>• Cause and Effect/Fishbone diagram</li><li>• Flow-charting</li></ul> |
| 2. Define nature and scope of the risk or problem       | <ul style="list-style-type: none"><li>• Data analysis</li></ul>  |
| 3. Determine source (root cause) of the risk or problem | <ul style="list-style-type: none"><li>• Data analysis</li></ul>  |



# Risk Mitigation Process: Define Tool: Process Flow Charting



# Tool: Cause and Effect Diagram (Fishbone)



**Poor Test Outcome**

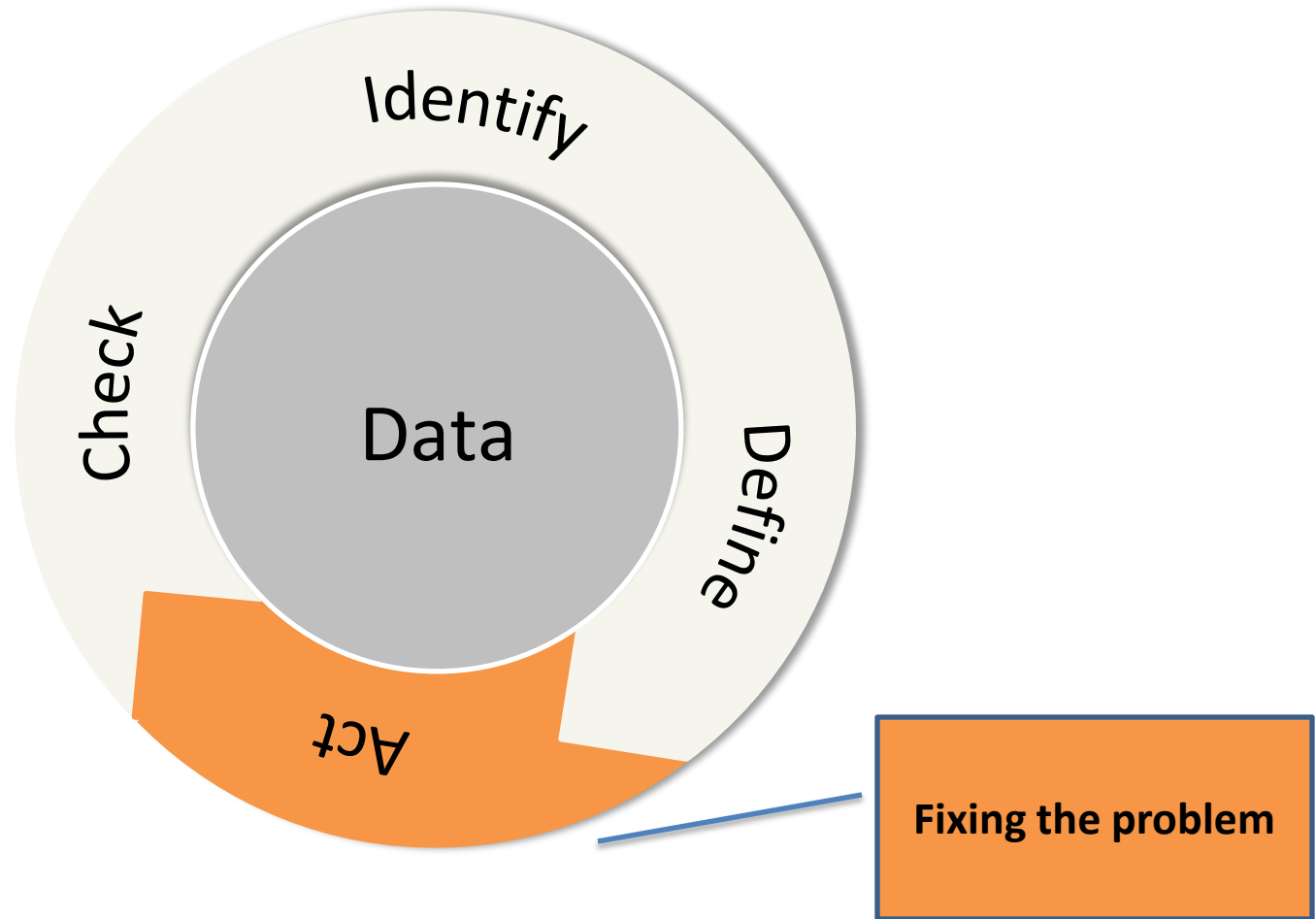
**People Pathologists/ Staff**

**Process: Pre-analytic**

**Process: Analytic**

**Process: Post-analytic**

# Risk Mitigation Process



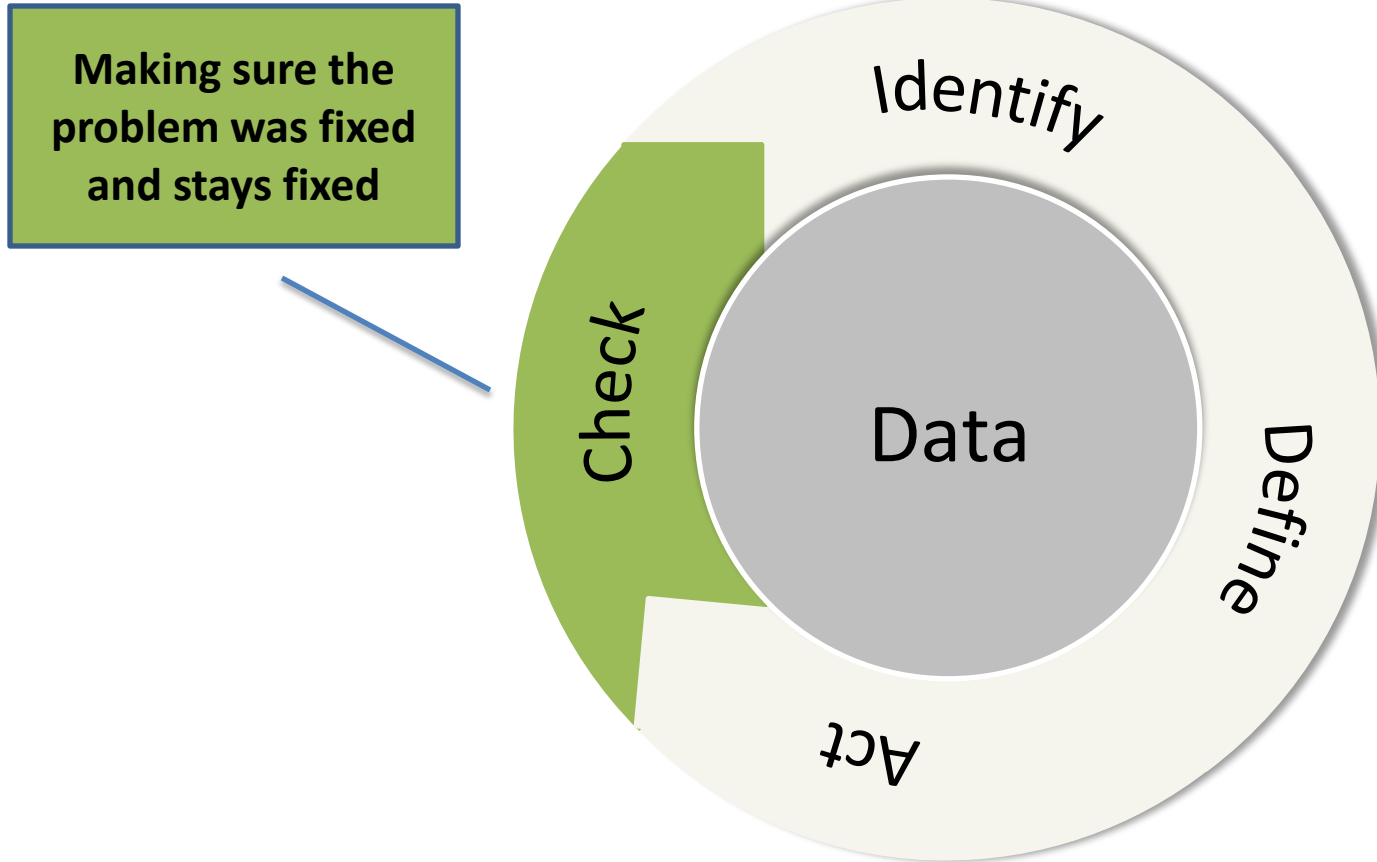
# Act on Risks

- In the example, the prospective study which asked sites to record fixation time points created an effective intervention. ER negative rate was reduced.
- Acting on risks must address the root cause of the problem and can include:
  - Process adjustments
  - Revisions to SOPs
  - Training and education of surgical staff, grossing room staff, data clerks and pathologists
- Start simple: Try to come up with the most simple intervention to start, sometimes the best solutions are simple ones.

# Act on Risk: Workflow Standardization

- Breast specimen workflow standardization at Intermountain Healthcare led to simplification:
  - OR staff came to a more standard way of handling breast cancer samples that made everyone's life easier and decreased cold ischemic time.
  - Grossing room changed process to the specimen being immediately cut in.
  - Specimen radiographs not sent to a separate facility.

# Risk Mitigation Process



# Check (Hold the Gain)

- After 1 year, the results were measured:
  - At measuring sites, the mean time to fixation (cold ischemic time) was 18 minutes
  - PR negative rate was significantly lower and ER negative rate was also lower at measuring sites
  - FISH testing showed decrease of 10% in specimens requiring repeat testing

# Check (Hold the Gain)

- Process changes may not be durable and reminders are needed of the importance.
- New errors and risks may be discovered which require initiation of new efforts.
- Staffing, equipment or process changes may alter circumstances and promote new errors.
- Ongoing monitoring is *always needed*.



# Risk Mitigation Process: Check

| Steps  | Tools & Resources  |
|--|--|
| 1. Use iterative cycles to collect feedback and make adjustments | <ul style="list-style-type: none"><li>• Regular team meetings</li><li>• Trend analysis</li></ul>                     |
| 2. Share progress and data with stakeholders                     | <ul style="list-style-type: none"><li>• Presentations to stakeholders</li></ul>                                      |
| 3. Look for broader applications of successful improvements      | <ul style="list-style-type: none"><li>• Publish your results so others will have access to the information</li></ul> |

# Ongoing Monitoring

- Not a formal process
- ASCO/CAP recommends monitoring every 6 months
- Periodic monitoring using CAP IHC surveys and external QC

# Ongoing Monitoring ER/PgR

**Monitor** positive and negative rates

- Overall Benchmark ER- rate: <30%
  - If  $\geq 30\%$ : correlate with histologic type, demographic factors
    - **Age 65+ benchmark ER- rate: <20%**
      - If  $\geq 20\%$ : re-validate assay
    - **Low-grade carcinoma benchmark ER+ rate: >95%**
      - If  $\leq 95\%$ : revalidate

**Monitor** concordance with PR. PR rate typically 10-15% lower than ER.

**Monitor** and document successful external Proficiency Testing

**Monitor** pathologist interpretative competence (use CAP surveys or internal validation sets)

# Ongoing Monitoring for HER2

**Monitor** positive and negative rates

- Overall Benchmark HER2+ rate: 12-18%
  - If  $\geq 20\%$ : correlate with histologic type, demographic factors, ER/PR status
- No good benchmark for HER2 equivocal results

**Monitor** concordance with FISH (optional):  
benchmark  $\geq 95\%$  for positive and negative results

**Monitor** and document successful external PT

**Monitor** pathologist interpretative competence

# Proficiency Testing

- Easier than validation - different standard
  - 90% concordance expected
- Can be based on interlaboratory testing
- Currently recommended for all prognostic/  
predictive markers
- Will ultimately be required for all markers  
(‘regulated’ PT for high complexity tests)

# Interpretive Competency Assessment

- ASCO/CAP Guidelines place the burden of interpretive competency assessment and documentation on the Laboratory Director
- Each pathologist who reads and reports a given prognostic/predictive marker must be objectively assessed for:
  - Knowledge and use of interpretive criteria
  - Concordance with consensus or standard interpretation - 95% (minimum 40 slide set using selection criteria for initial test verification)
  - Adherence to reporting requirements
  - Reproducibility (testing every 6 months)

# Interpretive Competency Assessment

- Appropriate assessment tools:
  - Consensus standards
  - PT materials
  - Validated in-house sample sets
  - Extramural validation samples
- Appropriate scoring standards:
  - Concordance with consensus interpretation
  - Comparison with original interpretation
  - Objective outside review
- Image analysis can facilitate the competency assessment

# Summary

- No prognostic or predictive marker should be used without
  - *Technical verification or validation*
  - *Ongoing monitoring*
  - *Laboratory proficiency*
  - *Interpretative competence*
- Pathology practice should be biased towards use of validated markers, unless the assay is part of a clinical trial or research study for which the patient has granted permission